



LINCOLN UNIVERSITY

Lincoln University – Psychology 10: Fundamentals of Psychology (3 Units) **(3 Units = 45 Lecture Hours)**

Instructor: Jeannine Stamatakis, M.A.

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Class Dates/Times: Spring Semester: Monday, 9:00 a.m. – 11:45 a.m.

Welcome & General Thoughts

Welcome to this course! I am very excited to be teaching this class! It is important that you are present and contribute, so, please be on time, have read any material that has been assigned, and be ready for discussions!

Please be respectful in class. I want this to be a positive learning environment for all, so refrain from disruptive behavior.

When in class, please turn off your cellular telephone. If there is a special circumstance where it needs to be on, please see me. Text messaging is not allowed in class. Please no tape recorders.

Course Description

This course is an introduction to Psychology and the principles of human behavior and relationships. Studies in sensation, perception, learning, memory, thinking, intelligence, and emotion. The emphasis is on general psychological principles. We will use individual and group exercises.

Expected Learning Outcomes/Course Objectives

This is a General Psychology class; thus, it is a survey class where basic Psychology content is covered. As many of you are business students, I am also going to make sure what we learn is relevant, practical, and applicable to this field. Topics covered in the class will include (but are not limited to) sensation, perception, learning, memory, thinking, intelligence, and emotion. There will be opportunities for group learning, discussions, presentations, and lecture.

Students will learn to think critically, be able to discuss and analyze reading material, reflect on personal experiences through journal entries, write a paper following APA format, and see how Psychology is present in their lives and the (business) world around them. I will be tailoring our classes to fit the interests of students as well.

After completing this course, students should be able to (1) examine and identify the primary objectives of psychology: describing, understanding, predicting, and controlling behavior and mental processes; (2) differentiate the efficacy of various

models used to explain and predict behavior and mental processes; and (3) compose appropriate applications of psychology in solving problems such as: (a) the pursuit and effect of healthy lifestyles, (b) psychological tests and measurements, and (c) psychology-based interventions in clinical, counseling, educational, industrial/organization, community, and other settings in their empirical evaluation.

There are no prerequisites or co-requisites for this course.

Methodology

The class will be comprised mostly of lecture and group discussions. For more details regarding assignments, please look under “Grading.” As this is a Psychology class, as your instructor, I will make sure that you have a chance to not only think about the material, but also apply it to your own life and see how psychology is present around all of us on a daily basis. I expect students to be present in class to not only see how the material is impacting his/her own life, but to also view and analyze these connections, as well as to learn from your fellow classmates’ experiences as well.

Required Materials

Please bring a notebook/binder paper, pencils/pens, and the *Discovering Psychology* textbook with you each day we have class. Supplemental material will be incorporated which I will provide during each class.

Hockenbury, D., & Hockenbury, S. (2011). *Discovering Psychology* (5th ed.). New York: Worth Publishers.

ISBN: 978-1-4292-1650-0

Grading

Attendance (Extra points will be given for participation, so, please do attend, so you can participate): 10 points

2 Journal Entries (10 points a piece): 20 points

1 Midterm (I will talk about this the first day in class): 10 points

1 Chapter Presentation: 20 points

Current Event Presentation: 20 points

APA Paper (Two potential topics – you choose the one you like best): 20 points

Please type journal entries and the APA paper. Anything you hand in should be double-spaced, 12-point font (Times New Roman or Courier) with 1-inch borders. Please proofread! I will let you know about the individual/group theory or chapter presentation as the course moves forward.

In regard to attendance, you are responsible for ensuring that you are enrolled in this class and for attending the first class as well as classes to follow. Students may be dropped for not attending the first class and/or for excessive absences. Students who do

not attend class, do not drop the class, and have not been dropped by the instructor, are responsible for grades, fees, etc.

If you know in advance that you will be unable to make a class, let me know either by telling me or e-mailing me. Your presence is valued and important to your fellow classmates for discussions, so please do attend! If you are not available to hand something in when it is due, please speak with me beforehand!

More detail on all of these assignments will follow soon!

Academic Honesty

Please note that turning in a paper that is not your own work, copied from another, from the Internet, or plagiarized, will result in zero points for the paper and/or an “F” course grade.

Please do your own work – I am interested in your thoughts and your mind! If you have any questions, please consult with me.

Faculty Information

My background, education, and training are in Psychology, as well as History and English.

Additional Thoughts

This is *our* class and it is important that everyone be heard, respected, and has a chance to be an integral part of the class! If there are specific books, news stories, or something which piques your interest, please share it with everyone! I want our class to be interesting, positive, and engaging as this is always the best way to learn!