



# Mental Health Facilities in Oakland

- **Alameda County Mental Health Mobile Crisis**

**Free Service**  
**1-800-491-9099**

- **Multi-Lingual Counseling Center**

**638 Webster, #358, Oakland 94607**  
**(510) 451-0661**  
[www.multilingualcounseling.com](http://www.multilingualcounseling.com)

- **La Cheim Behavioral Health Services**

**3031 Telegraph Ave, Oakland, CA 94609**  
**(510) 596-8125**  
[www.lacheim.org](http://www.lacheim.org)

- **Options Recovery Services**

**610 16th Street. Ste. 312, Oakland, CA 94612**  
**(510) 836-9900**  
[www.optionsrecoveryservices.org](http://www.optionsrecoveryservices.org)

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**Emergency Crisis Support: 911**

**National Suicide Prevention Lifeline: (800) 273-8255**

**Alameda County Crisis Support: (510) 420-2460**